

Helping to Identify Adolescents At-Risk for Substance Addiction

The CRAFFT

The *CRAFFT* is a brief **screening device for adolescent substance abuse**. Two or more “yes” answers suggest a significant problem.

- C** Have you ever ridden in a **CAR** driven by someone (including yourself) who was "high" or had been using alcohol or drugs?
- R** Do you ever use alcohol or drugs to **RELAX**, feel better about yourself, or fit in?
- A** Do you ever use alcohol or drugs while you are by yourself, **ALONE**?
- F** Do your family or **FRIENDS** ever tell you that you should cut down on your drinking or drug use?
- F** Do you ever **FORGET** things you did while using alcohol or drugs?
- T** Have you gotten into **TROUBLE** while you were using alcohol or drugs?

For more information about The *CRAFFT*, [click here to visit The Center for Adolescent Substance Abuse Research](#) website, created by Children's Hospital in Boston.

References

Knight, J. R., Sherritt, L., Shrier, L. A., Harris, S. K., Chang, G. (2002). Validity of the CRAFFT Substance Abuse Screening Test Among Adolescent Clinic Patients. *Archives of Pediatrics & Adolescent Medicine*. 156(6): 607-614.

Knight, J. R., Shrier, L. A., Bravender, T., Farrell, M., Vander Bilt, J., & Shaffer, H. CRAFFT: A New Brief Screen for Adolescent Substance Abuse. (1999). *Archives of Pediatrics & Adolescent Medicine*, 153(6): 591-596.

